



INTERVIEW TO BIRGIT ZARTL

1- Hi Birgit, welcome to Mielenero.eu... Introduce yourself to our readers

I'm living and working in Vienna / Austria, where I was born also... I studied Psychology and worked in a hospital and a few years later (after completing a training in Behavioural Psychotherapy) I worked selfemployed as a psychotherapist in my own office (until Jan. 2008). During this time I started another training, this time in Art Therapy, that's when I first started to paint. But painting seriously on an almost daily basis started maybe 18 months ago.

2- How do you living the art concept in your country? How you can do to promote it?

In Austria the possibilities to get represented by an art gallery are very little, being a country with very traditional views of art and the art business and how to start a career. You have to know the right people who have the power to introduce you to a gallery. Until now I'm unfortunately not successful in promoting my paintings in Austria.

3- What do you think about www.artbreak.com?

It's a nice site with many great and inspiring artists and I hope it will stay this way. I would be glad if I could sell one of my paintings there too.

4- How do you feel after painting?

Hmmm... I feel that I have accomplished something, and a little exhausted from the process itself... often I don't look at the result until the next day in order to be able to judge it better when I'm looking at it with 'fresh' eyes. Painting is hard work, believe it or not. But it's wonderful to do...

5- What is the ideal situation to inspire you to painting...

If you mean ideal in the sense of 'not real' that's easy... if I would live by the seaside, and if I could live in my own rhythm without having to be concerned about existential things.

6- Try to define the word 'creativity'?

The development of something new... but to me it is more than these few words. It's involving many sides of my person, my relations and experiences, my dreams, hopes and fears and (coming from psychology) my unconscious... all that is influencing me

when I'm creating a new piece.

7- What are the most important painter that you think to inspire your art?

Hard to say... there are so many, and there are also photography, nature itself and music. Which are inspiring and influencing me...

8- The most strange comment that you receive about an your work?

I quote: 'now just put on some red lipstick and it's a lightshow' at deviantArt (that's another art site)

On my painting 'Once the Meandering Light'... I never found out what the person wanted to communicate with this sentence...

9- What is the last book that you read?

A book about Francis Bacon's portraiture.

10- What about your future projets?

Painting, finding good galleries to represent me. I don't plan too much in advance...

Lisa Massei – Mielenero

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